

## Hayward Michael Fox, Ph.D.

### ***Education:***

**Doctor of Philosophy** in Clinical Psychology, 1971  
Ohio University, Athens, OH

**Intern in Clinical Psychology**, 1970  
University of Rochester School of Medicine, Rochester, NY

**Master of Science** in Clinical Psychology, 1969  
Ohio University, Athens, OH

**Bachelor of Arts** in Psychology, 1966  
Emory University, Atlanta, GA

### ***Professional Experience:***

**Clinical Psychologist Specializing in Psychotherapy** 1977 to present

**President and Chairperson, Board of Directors** 1993 to 2003  
Palo Verde Behavioral Health Professional Association, Tucson, AZ  
Elected Chairperson of Board of Directors after establishment of S-Corporation  
in 1993.  
–Practice employed 20 physicians and therapists with over 3,000 patient visits per month.

**Adjunct Assistant Professor and Clinical Lecturer** 1972 to 1991  
University of Arizona School of Medicine  
Department of Psychiatry (Psychology), Tucson, AZ  
–Trained graduate students and psychiatric residents in group and individual psychotherapy.

**Chief Psychologist** 1972 to 1979  
Palo Verde Psychiatric Hospital, Tucson, AZ

**Clinical Psychologist** 1971 to 1972  
Henderson Clinic of Broward County, Hollywood, FL

### ***License & Certifications Present and Past:***

Licensed Psychologist, State of Arizona

National Register of Health Service Providers in Psychology

National Register of Certified Group Psychotherapists

### ***Present and Past Professional Affiliations:***

American Psychological Association  
American Group Psychological Association  
Southern Arizona Psychological Association  
Arizona State Psychological Association  
Arizona Group Psychotherapy Society (President 1988-89)

### ***Clinical Interests:***

Stress-related Disease  
Individual Psychotherapy  
Marital Therapy  
Group Therapy  
Meditation

### ***Publications:***

What the Time, Space, Knowledge Vision Offers Western Psychology, Fox, H.M., GESAR, Nyingma Assoc. of Mandala Organizations, Vol 3, No. 1 Summer 2019, pp. 12-15.

A Way of Knowing in Search of Our True Identity, Fox, H.M., Self & Society, Vol. 45, No. 1 Autumn 2017, pp. 72-75.

A Call for a New Vision of Therapy, Fox, H.M., Self & Society, Vol. 42, Nos. 1-2 Autumn 2014.

The Expanding Self: Healing and Being Whole, Fox, H.M., Journal of Humanistic Psychology, Vol. 25, No. 4, Fall 1985, pp. 91-98.

Psychological Testing is Alive and Well, Levy, M.R. and Fox, H.M., Professional Psychology, November 1975, pp. 420-424.

### ***Teaching and Training Demonstrations at Professional Conventions and Community Conferences:***

“Love, The Fruit of the Vision: Self dissolves in love,” a workshop for the Institute of Personal and Transpersonal Knowledge, July 2021, Tucson, AZ

“How to get outside of yourself and be larger: more loving, capable and kind,” a workshop for Tucson Community Meditation Center, February 2020, Tucson, AZ

What the Time Space Knowledge Vision Has to Offer the Psychology of Our Times Webinar Series Part 2: “We Cannot Keep Our ‘Self’ and Get Rid of Our Problems” presented by the *Center for Creative Inquiry*, Berkley, CA; February 2, 2019.

What the Time Space Knowledge Vision Has to Offer the Psychology of Our Times Webinar Series Part 1: “A Call for a Paradigm Shift, A Psychology Not Predicated Upon the Separate Self” presented by the *Center for Creative Inquiry*, Berkley, CA; February 24, 2018.

"Can We Have a Psychotherapy Not Predicated on the Existence of a Separate Self?"  
Presentation at the 2016 Annual Convention of the Arizona Psychological Association, September 24, 2016.

"Are You Available: To Feel Another Way; To Know Another Way; To Be Another Way," a series of workshops for Tucson Community Meditation Center; June, July and August 2016.

"Exploring the Nature of Experience," a workshop for Tucson Community Meditation Center, August 2015, Tucson, AZ

"Another Way to Know," a workshop for Tucson Community Meditation Center, July 2015, Tucson, AZ

"Love of Knowledge," a workshop for Tucson Community Meditation Center, June 2015, Tucson, AZ

"A Summer Inquiry," a series of three workshops for Tucson Community Meditation Center, June, July and August 2014, Tucson, AZ

"How to Outgrow Your Self," a workshop for Tucson Community Meditation Center, May 2014, Tucson, AZ

"Our Self is a Tendency in Time, Not a Thing that has Already Happened," a workshop for Tucson Community Meditation Center, April 2013, Tucson, AZ

"Through the Eyes of Knowledge: Intrinsic within Ordinary Experience, Transcendent Dimensions," a workshop for Tucson Community Meditation Center, May 2012, Tucson, AZ

"The Nature of Experience: A Guide to Freedom, Clarity and Ease," a workshop for Tucson Community Meditation Center, June 2011, Tucson, AZ

"From Resistance to Transcendence," a workshop for Tucson Community Meditation Center, April 2010, Tucson, AZ

"The Sacred Space Between Us," a workshop for Tucson Community Meditation Center, April 2009, Tucson, AZ

"The Construction and Deconstruction of our Separate Sense of Self," a workshop for Tucson Community Meditation Center, April 2008, Tucson, AZ

"A Way of Knowing," a workshop for Arizona Group Psychotherapy Society, October 2002, Tucson, AZ.

"Awareness of the Soul," a workshop Arizona Group Psychotherapy Society, Spring 1999, Tucson, AZ.

"Transpersonal Dimension of Group Psychotherapy," an invited workshop for the Arizona Group Psychotherapy Society, May 5, 1996, Tucson, AZ.

"An Integration of Personal and Transpersonal Therapy," The Institute of Continuing Education for Human Service Professionals, May 15, 1994, Tucson, AZ.

"Transpersonal Theory in Group Therapy," an invited workshop for the American Group Psychotherapy Association, Feb. 17, 1994, Washington, DC.

"An Integration of Cognitive Therapy and Meditation Techniques," a workshop for the Arizona Group Psychotherapy Society, April 28, 1993, Phoenix, AZ.

"Stance and Trance: An Exploration of Mind/Body Interactions," a workshop for the Arizona Group Psychotherapy Society, March 23, 1990, Scottsdale, AZ.

"Stress and Addiction Reduction," a seminar workshop, Motorola, Jan, 28, 1989, Phoenix, AZ.

"An Educational Curriculum for Drug and Alcohol Addiction," a workshop for the Navy Alcohol Drug Safety Action Program, July 27, 1988.

"Meditation: A Means of Psychophysical Stress Release," a workshop demonstration, Harmony and Health, 1986.

"Assumptions of World View in Psychotherapy," a paper presented to Synergy, 1987.

"Self Emerging in Time," a lecture workshop, Rocky Mountain Psychological Association, 1985.

"Toward an Integration of Eastern Philosophy and Western Psychotherapy," a paper presented to the Arizona Group Psychotherapy Society Conference, 1984.

"Listening from the Heart," a paper presented to the Tucson Ecumenical Conference, 1982.

"Marital Therapy," a lecture and live demonstration, Arizona Psychological Association Convention, 1979.

"An Integrative Approach to Group Therapy," demonstration, Interface, 1973.