

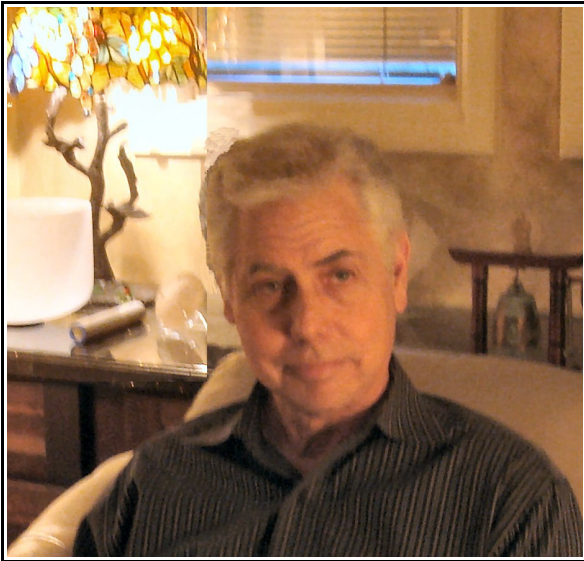
Hayward Fox, Ph.D., will lead an All-Day

Meditation Retreat

at the

Tucson Community Meditation Center

On Sunday, April 19, 2009



"The Sacred Space Between Us."

The space that separates us also connects us. The space around us also permeates us. A new vision reveals space as a generative and creative ground, giving form to all experience. Space offers freedom to open the constrictions of hurt, fear and anger; space allows peace, love and joy. Through conversation and meditation, we will investigate space--the womb of all experience.

When: Sunday, April 19th, 2009, 8:30 am to 4:30 pm

Where: TCMC 1231 E. Edison Street, Tucson, AZ
1 block South of Grant, 2 Houses West of Mountain Ave.

Suggested Donation for TCMC: \$12.00*

Capacity is limited and Dr. Fox's retreats are always very well attended.

Please Register Early: Send your name, phone # and email address,
along with your TCMC donation,

to: TCMC P.O. Box 40007, Tucson, AZ 85717

or contact Linda Bacon at 520-548-5465 / Linda@bw-appraisals.com

A Separate Donation Basket Will Be Available For Dr. Fox at the Retreat

No one will be turned away due to inability to pay.

***TCMC donations cover facility maintenance, utilities and advertising costs.
Please bring your lunch.**

Hayward Fox is a psychotherapist with forty years of clinical experience and thirty years of meditative practice. What makes him an extraordinary teacher is his ability to meld his psychotherapy and meditative practices -- "two wings of the same bird" -- and provide a gentle, intuitive and safe presence. He responds to our intention to be free of inhibiting patterns and to recognize our authentic nature. www.HaywardFox.com